

2020 Comfort & Hope for the Journey of Grief Schedule

Friday, February 21		Location
4:00-6:00 p.m.	Check-In	Trull #3
5:30-6:30 p.m.	Dinner	King Dining Hall
6:45-8:45 p.m.	“The Healing Power of Story” Spiritual Practice: Breath Prayer	Trull #3
Saturday, February 22		
7:30-8:30 a.m.	Breakfast	King Dining Hall
8:45-11:15 a.m.	“Nature & Dynamics of Grief: Spiritual Practice: The Prayer of Examen	Trull #3
12:00-1:00 a.m.	Lunch	King Dining Hall
1:15-3:00 p.m.	“The Foreign Land of Grief”	Trull #3
3:00-5:30 p.m.	Free Time	
5:30-6:30 p.m.	Dinner	King Dining Hall
6:45-8:45 p.m.	“A Paradigm for Grief” Spiritual Practice: Object Prayer	Trull #3
Sunday, February 23		
7:30-8:30 a.m.	Breakfast	King Dining Hall
8:45-11:15 a.m.	“Choices in the Process of Grief” Spiritual Practice: Mandalas	Trull #3

* Check-out is 11AM, Sunday. Please turn in keys to Guest Services (front desk/ check-in location).
You are welcome to enjoy the ranch for the remainder of the day.